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WESTLAKE | BAY VILLAGE

3.23 • 16 NOV 2011



Observer

★ **INSIDE: WESTLAKE BICENTENNIAL SECTION** ★

Westlake, Bay Village united in shared roots

by Tara Wendell

As the last leaves fall to the ground and the slate of Westlake's Bicentennial events comes to a close, so ends what can be considered a two-year celebration of the founding of Dover. Two cities that were once one township honored their past in different ways, with Bay Village orchestrating one memorable weekend on Oct. 9-10, 2010, and Westlake filling the 2011 calendar year with enjoyable events across the city.

Although the two have forged different paths since the 1901 split, shared ancestry is a tie that binds. The lineages of pioneer families form a common thread that weaves throughout the record books, cemeteries, streets and historical homes of Bay and Westlake. Names like Cahoon, Johnson, Porter, Crocker, Bassett and Smith are among those often repeated in the histories of our two proud communities.

Joseph Cahoon and his family arrived at Lot 95 on Oct. 10, 1810, establishing themselves as the first residents of Dover Township, in what is now Bay Village. Later that same day, Leverett Johnson arrived at Lot 94, along with Reuben Osborn and the Porter family. Within months, Johnson had begun clearing land of his own a few miles to the south, in now-Westlake. Once neighbors, Johnson and the Cahoons are today considered to be the founding pioneers of two separate cities.

For those first 90 years of shared history, the persevering men and women of a twenty-five-square-mile stretch of land known as Dover Township worked side by side to clear trees, build houses, grow crops, establish churches and schools and develop industry.

Those brave souls who set off from their New England homes and traveled hundreds of miles to an unseen territory left a mark that goes beyond buildings and words printed in history books. It was their love for this place – whether it's called Dover, Westlake or Bay Village – that is still felt today.

Throughout the years, despite division and name changes, that community spirit and reverence for those who came before us has held true. So, no matter if it's Bay Village's 1810, the year of the first settlers, or Westlake's 1811, the year Dover was officially incorporated as a township, the message is the same: Happy birthday to the place we call home. ●

St. Barnabas congregation announces new name, location



Members of St. Barnabas Anglican Church march from the church to the congregation's new home at Bay High School on Nov. 13. The building at Bradley and Wolf roads has been awarded to the Episcopal Diocese. Photo by Matt Litzler

by Stacey Litzler

Beginning Sunday, Nov. 20, the congregation of Bay Village's St. Barnabas Anglican Church will hold its 10:00 a.m. Sunday services in the auditorium at Bay High School until a permanent facility is built or purchased. In addition, the Anglican congregation – made up of more than 250 individuals – plans to change its name to Christ Church Westshore.

The congregation is moving because its former building at Bradley and Wolf roads – where many parishioners have worshiped for decades – was awarded to

the Episcopal Diocese after a lengthy property dispute.

"All will be welcome at Christ Church Westshore," said Reverend Gene Sherman. "We are a community of believers who seek to know God, love one another, and serve the community around us."

Sherman added, "Our congregation understands that the Word – as it was handed down to us in the Bible, along with our caring church family, are more important than a building. That is why we all are moving together to worship at Bay High."

In addition to utilizing Bay High for its Sunday morning service, Christ Church Westshore will utilize the Great Hall at Bay Presbyterian Church for its Monday evening prayer service at 7 p.m. and a Wednesday Holy Communion service at 10:30 a.m. Christ Church weddings and funerals also will be held at Bay Presbyterian Church for the time being.

"Bay Village takes care of their own," commented Sherman with regard to the outpouring of generosity from both Bay High and Bay Presbyterian Church.

» See CHURCH, page 14

Bay Village Community Band salutes veterans

by Tara Wendell

The Bay Village Community Band held a special Veterans Day concert Nov. 9. The all-ages crowd was treated to a selection of patriotic songs performed by the band's talented volunteer musicians. A late venue switch had band director Timothy Stohs worried that attendance would be low. But by the time the program began at 7:30p.m., almost every seat in the Community House was full.

The evening kicked off with a posting of the colors by the Color Guard of Bay Village VFW Post 9693. The four men stood at attention as the crowd turned toward the flag to recite the Pledge of Allegiance, and many audience members sang aloud as the band played the Star Spangled Banner.

» See BAND, page 4



Community band members and veterans from the Bay Village VFW Post listen as David Hager plays taps.



COMMUNITY EVENTS View more events and post your own on the Observer homepage at www.wbvobserver.com.

Nov. 16, 11 a.m.-2 p.m.
Westlake Garden Club Meeting
Following business meeting and lunch, Master Gardener Cookie Krizmanick will talk about "Fragrance in the Garden." You will learn the fascinating reasons for scents in plants. Everyone welcome. Call 440-331-8722 for more information.
Westlake Porter Public Library, 27333 Center Ridge Rd.

Nov. 16, 6:30-9 p.m.
Meeting of North Coast Chapter of Embroiderers' Guild of America
This month's program is a silk ribbon Christmas ornament taught by Dona Stovicek. Stitchers are welcome to come to enjoy the fun and to meet new friends with similar interests. For details, call 440-895-9597.
Westlake Porter Public Library, 27333 Center Ridge Rd.

Nov. 16, 7-8:45 p.m.
Songwriter/storyteller Foster Brown
In celebration of Westlake's Bicentennial, Cuyahoga West Chapter of the Ohio Genealogical Society hosts Metroparks historian, songwriter and storyteller Foster Brown. Mr. Brown will take us on an historical journey of Westlake's earliest years, featuring his original song called "The Township of Dover." Social time from 6:30-7:00. The public is invited at no cost.
Westlake Porter Public Library, 27333 Center Ridge Rd.

Nov. 17, 11:30 a.m.
Katie Spatz: Rowing Across the Atlantic
Katie Spatz, the Cleveland adventurer and clean-water advocate, will discuss her extraordinary solo row across the Atlantic Ocean. Her story is one of courage, commitment and contribution. The program, presented by the Office of Diversity and Inclusion Celebrating Diversity Series 2011-2012, is free and open to the public. Reservations suggested, call 216-987-4772.
Tri-C Westshore Campus, 31001 Clemens Rd., Westlake

Nov. 17, 6 p.m.
Westlake Bicentennial Time Capsule Closing
The time capsule honoring Westlake's 200th birthday will be officially closed. Please call 440-721-1201 with questions.
Westlake City Hall, 27700 Hilliard Blvd.

Nov. 17, 7 p.m.
500 Years in 50 Minutes: Brief History of Great Lakes Shipping
See the story on page 17 of this issue.
Lake Erie Nature and Science Center, 28728 Wolf Rd.

Nov. 17, 7-8:30 p.m.
Eating Disorders Anonymous
See the story on page 16 of this issue.
25000 Center Ridge Rd, Suite 4, Westlake

Nov. 18, noon-4 p.m.
Blood Drive
West Bay Care and Rehab Center is hosting a Blood Drive for The American Red Cross. 440-871-5900.
West Bay Care & Rehab Center, 27601 Westchester Pkwy., Westlake

Nov. 18, 7 p.m.
"Forks Over Knives" Movie Screening
See the story on page 16 of this issue.
Unity Spiritual Center, 23855 Detroit Rd., Westlake

Nov. 18, 7-11 p.m.
Christmas Carnival Auction
The 24th Annual Bay Village PTA Council Scholarship Auction will include a live auction with Bay Superintendent Clint Keener, silent auction, Chinese and balloon raffles, live music, hearty appetizers from Copper Cup Catering, and cash bar. \$30 per person. Proceeds benefit graduating seniors of BHS's Class of 2012 who intend to pursue careers that promote the welfare, protection and/or education of youth. Download a registration form at bayvillageschools.com/index.aspx?nid=125.
Lake Erie Nature and Science Center, 28728 Wolf Rd.

Nov. 19, 9 a.m.
The Celiac Awareness Tour
Celiac Disease? Meet the experts...You won't want to miss presentations from Dr. Donald Kirby, Director, Center for Human Nutrition, Cleveland Clinic Digestive Disease Institute; and Jules Sheppard, nationally recognized gluten-free cooking expert and founder of Jules Gluten Free. Along with an additional group of expert and food prep presenters, take in gluten-free food samples from dozens of nationally know vendors, participate in Q&A sessions and more.
Don Umerley Center, 21016 Hilliard Blvd., Rocky River

Nov. 19, noon
Westlake Bicentennial Clock Dedication
Westlake City Hall, 27700 Hilliard Blvd.

Nov. 19, 4-7 p.m.
Boy Scout Troop 235 Spaghetti Dinner
Bay Village Boy Scout Troop 235's bi-annual "All You Can Eat" Spaghetti Dinner will feature Tony Dostal's famous homemade spaghetti sauce, salad, bread and delicious pies. Tickets are \$8 for adults and \$6 for seniors and children under 12. Tickets will be available at the door.
Bay Presbyterian Church, 25415 Lake Rd.

Nov. 19, 7 p.m.
Christmas Tree Lighting
Mayor Clough and members of City Council will help kick off the holiday season at the annual tree-lighting ceremony, featuring live entertainment, a beautiful holiday-themed fireworks display and a visit from Santa Claus! The Westlake Town Criers will announce the couple who will be Mr. and Mrs. Westlake for 2012.
Crocker Park, Westlake

Nov. 22, 5-8 p.m.
Special Holiday Evening – Just for the Ladies!
Shop Gale's Westlake's displays of sparkling holiday decorations while sipping champagne. Special offers, raffles and design demonstrations.
Gale's Westlake Garden Center, 24373 Center Ridge Rd.

Nov. 26-Dec. 19, hours vary
Bay Village Kiwanis Christmas Tree Sale
See the story on page 8 of this issue.
Cahoon Memorial Park Gazebo

Nov. 26, 5-6:30 p.m.
FREE West Shore Community Meal
All ages are welcome to attend for socialization and a ham dinner with cheesy scalloped potatoes, green beans and beverages. No reservations are necessary. The building is accessible to the physically challenged. No carry-out meals available.
Clague Road UCC, 3650 Clague Rd., North Olmsted

Nov. 29, 7-8:30 p.m.
Y-Haven Theatre Project: "Lost and Found"
Since 1998, Cleveland Public Theatre and Y-Haven (the Cleveland YMCA's transitional home and treatment center for formerly homeless men in recovery from drug and alcohol addiction) have annually collaborated to create an original

theatre production, performed by the residents and based on their personal experiences. This year's performance is entitled "Lost and Found." The play's content will align with recovery from alcohol and chemical dependency, including a 50-minute play followed by a moderated post-show discussion with the men.
Westlake United Methodist Church, 27650 Center Ridge Rd.

Nov. 30, noon
Lunch and Learn - How to Prevent a Nasty Fall!
Complimentary lunch will be served as Jennifer Lester from West Bay Care & Rehab presents "How to Prevent a Nasty Fall." RSVP necessary, 835-6565.
Dwyer Senior Center, 300 Bryson Lane, Bay Village

Nov. 30, 2-3:30 p.m.
Grief Workshop for Those Touched by Cancer
This four-week series is for individuals who have experienced a loss due to cancer. Attendees will explore feelings, adapt to the new "normal" and learn tools for healing in a supportive environment. Attendance at all four sessions is highly encouraged. Advanced registration is required, 216-595-9546.
The Gathering Place West, 800 Sharon Dr., Westlake

Nov. 30, 6:30-8 p.m.
HER2+ Breast Cancer Education Program
Those touched by cancer have the opportunity to learn more about HER2+ breast cancer from an oncology nurse educator and a HER2+ Ambassador. The HER2+ Ambassador will also present her story of living with breast cancer. Registration will begin at 6 p.m. and a light supper will be served. The program will begin at 6:30 p.m. Advanced registration is required, 216-595-9546.
The Gathering Place West, 800 Sharon Dr., Westlake

Dec. 1, 10:30 a.m.-6 p.m.
Local Senior Centers going to Rivers Casino and the Hartwood Holiday Display
This one-day trip leaves from Dwyer Center on a deluxe motor coach to Rivers Casino in Pittsburgh. After enjoying the casino, they will travel to nearby Hartwood Acres to see the beautiful Christmas light display. Cost is \$37 and includes \$20 slot play casino bonus and \$5 food voucher, professional escort, bus snacks, taxes and tips. RSVP to 440-835-6565.
Dwyer Senior Center, 300 Bryson Lane, Bay Village



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Observer Guidelines

Want to submit an article to the Observer? We'd love to hear from you! Here are some guidelines to keep in mind when writing for the Observer:

- Anyone who lives, works or has a vested interest in Westlake or Bay Village is encouraged to contribute.
- Aim for 300-500 words.
- Check your facts. Take the extra time to ensure accuracy.
- Submit original stories and photos. Don't copy others' work and remember to credit your sources.
- Be respectful of others.
- Write for the community. Your stories will be read by people throughout Westlake and Bay Village (and beyond) so keep the audience in mind when choosing topics.
- Know you'll be edited. All stories pass through editors who review stories for spelling and grammar. We try to keep the news as "unfiltered"

- as possible, but may edit length and content if necessary.
- Disclose your affiliation. If you have a personal or business relationship with the subject of your story, let your readers know.
 - Don't write stories solely to promote your business—that's what ads are for.
- Ask questions! We're here to help you at every step along the way. Don't hesitate to come to us for advice or help with topics, content or the submission process.
- To join in, sign-up through the Member Center at www.wbvobserver.com and submit your stories & photos. Photos should be jpegs & a minimum of 2 megabytes in size. If you have questions, contact us at staff@wbvobserver.com.

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The Westlake | Bay Village Observer is a hyperlocal community newspaper and website written by, for and about the residents of Westlake and Bay Village, providing perspectives and information about topics and events in our community.

The mission of the Westlake | Bay Village Observer is to inform, involve and energize the community through citizen participation of 380+ community writers.

We encourage residents of Westlake and Bay to join in and share stories, photos, and information about our great communities.

We do not accept payment for the inclusion of articles.

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WESTLAKE | BAY VILLAGE
Observer

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*U.S. News & World Report, 2011.

CELEBRATING WESTLAKE'S BICENTENNIAL

Hairy task for bicentennial beard contest judges



Stroking their whiskers at the conclusion of Westlake's beard-growing contest are, from left: Reid Wilder, Paul Quinn, Rick Grane, Mel Maurer, Russ Ezolt, Paul Gresbach, Andrew Mangels, Mayor Dennis Clough and Will Krause.

by Tara Wendell

Westlake's beard-growing contest came to razor-sharp end on Nov. 9 at City Hall. Ten contestants had been growing their facial hair for three months, in a light-hearted competition in honor of the Bicentennial.

Mayor Dennis Clough, who also participated in a similar contest during the city's 175th anniversary in 1986, proposed the idea and recruited some of the participants. The initial field of 20 was halved by the contest's end as some contestants – or possibly their wives – began to bristle at the idea.

At the judging ceremony, each contestant was given a chance to persuade the all-female panel of judges to vote for them in one of five beard categories: best, worst, most innovative, longest and best use of color.

Each beard was unique, varying in length, shape and color (some natural, some dyed). There was a good dose of bragging, some reminiscing of beards past and a bit of blatant groveling.

After much deliberation in council chambers, the judges returned with their winners. Each category featured a first-place winner, who received a \$25

gift card to Brio, and a runner-up, receiving a \$15 Starbucks gift card.

The competition's best beard prize went to Russ Ezolt, with Mayor Clough taking second place.

The judges took out a ruler to get an exact measurement for the longest beard category. Andrew Mangels beat Paul Quinn by a whisker, 1.75 inches to 1.5 inches.

The two most innovative beards belonged to Reid Wilder, who dyed his goatee green and shaped it into a "W" for Westlake, and Will Krause, a longtime beard-wearer who disclosed that his children used to love when

he would "wash their feet" with his soft beard.

Best use of color went to Rick Grane, who dyed the dates "1811-2011" into his facial hair, and Paul Gresbach, who let the natural color of his beard stand out.

Mel Maurer's beard, an homage to Leonard Porter, took first place in the worst beard category. Wearing period attire from Porter's era, he may have won best-dressed, had it been offered. Joel Tomkalski was runner-up in the category.

All in all, the contest was a fun way to show a bit of community spirit during the city's celebratory year. ♦

Off with his beard!



Photos by Virginia Clough

BAND *continued from front page*

David Hager directs the band in the Armed Forces Salute.

One highlight of the program was a special tribute to veterans in attendance -- both in the band and in the audience. Assistant director and Navy veteran David Hager rose from his seat in the trumpet section to conduct the band in the Armed Forces Salute.

"I gave a lot to the Navy and, boy, did they give a lot to me," Hager told the crowd before turning his attention to the musicians. Band members who had served in the military stood for a moment to be recognized for their service.

The band then launched into a rousing performance of the arrangement, which features the anthems of all branches of the military. Veterans in the audience were asked to stand

when the songs from their branches were played, and the room filled with applause.

Throughout the evening, the patriotic music stirred the hearts of all in attendance as the band -- and audience -- paid tribute to the men and women who have sacrificed in service to our country.

Upcoming Bay Village Community Band performances include a Dec. 4 fundraiser at Barnes & Noble in Crocker Park featuring live Christmas music, free gift wrapping and a musician meet-and-greet; and the annual Christmas Celebration concert Dec. 14, 7:30 p.m., at Bay Middle School. For more information about the band, including future concerts, visit bvcb.org. ♦



The 56-member community band, directed by Timothy Stohs, is in its 33rd year.

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Keeping busy at Bay Rec

by Sarah Gilbert

Thanksgiving is coming up, a time when you might be eating more than usual! What better way to even out all that feasting than getting involved in activities and programs at the Bay Village Recreation Department? Check out what we have going on and find something that will keep you moving through the start of the holiday season.

1st & 2nd Grade Basketball

Jan. 11–March 1
1st Grade: Wednesday evenings
2nd Grade: Thursday evenings
The basketball season is fast approaching! Sign up now to learn the fundamentals in a fun, recreational environment. Deadline is Dec. 6.

Red Cross Babysitting

Ages 11-15
Sat. Dec. 3, 9:30 a.m.–4 p.m.
Bayway Cabin
This training prepares students with necessary tools to babysit responsibly. Includes safety, basic care/first aid and much more. Register now before class fills up! Bring a lunch, snack will be provided.

Preschool Playtime

Ages 5 and under
Oct. 3, 2011-May 2012
M/W/F, 9:30 a.m.-12 p.m.
T/TH, 10:45 a.m.-12 p.m.
Fee: \$2/child; 10-day pass: \$15
Release some energy at the Community Gym! Parent supervision required. Bouncing balls, tumble mats and more! No registration needed for this program. Sign in and pay at the Community Gym.

Cardio Kickboxing/Pilates

Wednesdays, 6:30-7:30 p.m.
Saturdays, 8:30-9:30 p.m.
Location: Bay Lodge (November-February)
Join Cathy for 30 minutes of high- and low-impact kickboxing and 30 minutes of pilates. Drop in to try it out for \$7 (non-resident:\$8) or register for a pass and attend up to 15 classes, good for any time or day.

Zumba Fitness

Tuesdays & Thursdays, 9:30-10:30 a.m. at the Community Gym
Mondays & Wednesdays, 7-8 p.m. at Bay Way Cabin
Get in on the hottest new dance/aerobic workout! Purchase a pass and attend up to 15 classes, good for any time or day. 10-day passes are \$55; 15-day passes are \$82.50. Drop in rate is \$7 (non-resident:\$8).

Feeling Fit

M/W/F, 9-10 a.m.
Bayway Cabin
Stay in shape with this year round class that will increase your energy level, help lower your body

fat, tone your muscles and relieve stress. Drop in to try it out or register for a pass to attend up to 15 classes, good for any time or day. Make sure to bring a mat or towel and water!

Adult Co-Ed Yoga

Thursdays, 7-8:15 p.m.
Session III: Jan. 5-Feb. 9
Session IV: Feb. 16-Mar. 22
Community House
Now is the time to register for the next session of Yoga! Get into the best workout for stress release and improving flexibility while working on every part of your body.

Christmas Break Drawing Workshop

Ages 7 & Up
Tuesday, Dec. 27 & Thursday, Dec. 29
11 a.m.-12 p.m.
Bayway Cabin
Winter break will be here before you know it! If you're looking for a way to keep the kids busy while they are off from school, try our drawing workshop. Beginners will learn the basics and advanced artists will develop new techniques. Projects will include fun holiday themes.

Winter Break Futsal Clinic

Grades 2-4
Session I: Dec. 20-22
Session II: Dec. 27-29
9-11 a.m.
Need to release some winter break energy? Sign up for our Futsal clinic sessions in the Community Gym to keep up your soccer skills inside while it's snowing outside. Build your soccer skills by learning control, touch and tricks with a special, small ball.

Fitness Room @ Community Gym

School Year Hours
Monday-Friday: 6 a.m.-2 p.m., 5-9 p.m.
Saturday: 8 a.m.-4 p.m.
Sunday: 12-4 p.m.

The Community Gym will be closed on Thanksgiving Day, but will reopen for extended hours on Friday, Nov. 25, from 8 a.m.-4 p.m.
Attention members! Be sure to check when your membership expires so you can renew! We are also always welcoming new members. Bay Village residents or those employed in the city are eligible to join. Proof of residency or employment is required. Must be 13 years old to use equipment, ages 13-17 must be accompanied by an adult. Registrations must be done at the Recreation Department, 400 Bryson Lane, between 8:30 a.m. and 4:30 p.m. ●

To sign up for any program or for more information log on to www.bayrec.org or visit the Recreation Department at 400 Bryson Lane. Feel free to call us at 440-871-6755 if you have any questions.

Thankful for Thanksgiving

by Mel Maurer

I've written short pieces on most of our national holidays this year. I don't know how many, if any have been read, but even if none, my experiences in refreshing my recollections about each of these special days has more than made my efforts worthwhile – reminding me of why we have them.

National holidays mark those events or people in our nation's history that helped to make our country great – yes, still great, even in these challenging times. They also serve to bring us together as one people, putting aside various differences for at least a day, to honor and celebrate our common legacy of great deeds and courageous leaders.

While each holiday gives us the opportunity to say thank you to all those who gave us this wonderful country, Thanksgiving Day gives us the opportunity to thank, not only them, but also all those who gave each of us something for which we owe personal gratitude. It also gives us, in our gatherings of family and friends for dinners and parties, a very special forum to express to each other what each has meant to us, and for many, the Lord, for being there for His believers.

We traditionally date the origin of Thanksgiving Day to the Pilgrims' celebration with Native Americans, on a day they set aside to thank the Lord for bringing them safely to these shores back in 1621 – making it our oldest holiday.

The day became an official national holiday in 1863 when Abraham Lincoln designated the last Thursday in Novem-

ber to be a national day of thanksgiving. (President Franklin Roosevelt changed the date of Thanksgiving from the fourth Thursday to the second last Thursday as it is today.)

The first official day of thanks was celebrated just days after Lincoln gave his Gettysburg Address in the middle of America's terrible Civil War.

I know for some, a holiday simply means a day off for recreation and Thanksgiving Day means sumptuous meals, football parades and sociability. However, no one can celebrate on this unique day without knowing what it is all about – a realization that we need so many others, their love and support to be who we are, and to do what we do.

Many say that it's a shame that Thanksgiving somehow gets lost between Halloween and Christmas, or that it's noted mostly for the beginning of shopping season. While that's true to some degree, it's also true that when the day arrives, most Americans know the purpose of Thanksgiving, and throughout the day express their gratitude in their own ways. It's good that the day is usually a quiet one – perhaps even more so with naps after eating.

It may be that without this day, early in our history, we would not have the other holidays: gratitude is essential to success and to genuine love. That's what Thanksgiving Day really is – a day set aside for love of family and friends, past and present, and of God and Country. May your Thanksgiving be as meaningful to you as I know mine will be to me. (Please pass the gravy.) ●



Still time to hoop it up at the Westlake Rec Center!

by Jim Dispirito

7th & 8th Grade Basketball League

The Westlake Recreation Center competes in the West Suburban Youth Basketball League. Teams are made up of 7th & 8th grade students who are not participating on school teams. Practice will be held at least once a week. Deadline to register is Dec. 12. Games begin on Jan. 7. If more than 40 boys OR girls sign up, we will stay with an in-house league.

High School Basketball League

Open to any resident or member of the Recreation Center. Players who play on a school team may not play in this league. There are NO practices. Deadline to register is Dec. 12. Games begin on Jan. 7.

5th Grade After Hours Bash

On Friday Nov. 18, fifth-graders will have their night from 8:30-10:30 p.m. This program is open to all fifth-graders who go to school in or live in Westlake OR are members of the

Westlake Recreation Center. Kids will be able to use the gym, swim while listening to DJ Eazy, play games and enjoy some pizza. Deadline to register is Nov. 18, 8:30 p.m. Cost is \$10 for members and \$15 for non-members.

Karate (ages 6 & older)

Students study an art representing several martial art systems including Kajukenpo, Chinese Kenpo, Judo & Japanese Karate. We encourage children and adults to take this class together. Classes are held on Friday nights from 5:30-7 p.m. at the Recreation Center. Cost: \$27 for members, \$35 for residents, \$43 for non-residents.

Various Swimming Lessons are also being offered for kids of all ages. We also offer various exercise classes including: Zumba, Pilates, Yoga, Spinning and Boot Camp. ●

More information regarding all of these programs and more can be found at our website at wlrec.org or by stopping by the Recreation Center at 28955 Hilliard Blvd., calling us at 440-808-5700 or by picking up the latest Rec Gazette.

Drug collection drive a huge success

by Jeff Capretto

The Westshore Enforcement Bureau (WEB) gratefully acknowledges all the officers who worked on Saturday, Oct. 29, for the success of the DEA National Prescription Drug Take Back Day. Thanks to the police officers of the Westshore communities, lay volunteers, and the citizens of all six western suburbs, 933 lbs. of outdated and unwanted medications were collected for safe disposal.

Well over 500 citizens participated in this event which not only protects our food and water supply, but also removes potentially harmful pharmaceuticals from private residences. The DEA National Prescription Drug Take Back Day, in cooperation with Operation Medicine Cabinet, was established to decrease drug abuse and protect children, teens and adults from accidental or intentional misuse of controlled medications by providing collection sites at police departments throughout the country.

WEB is a proud participant of this event and extends sincere thanks to everyone who, through their support, increased the safety and welfare of Westshore families. ●

WESTLAKE CITY SCHOOLS

Westlake on AP honor roll for second consecutive year

by Kim Bonvissuto

Westlake City Schools is one of fewer than 400 public school districts in the nation being honored by the College Board with a place on the 2nd Annual AP Honor Roll.

Westlake is one of 23 Ohio school districts to be listed on the honor roll and is one of only two Northeast Ohio school districts (the other is Aurora City Schools) to achieve this distinction for two consecutive years.

The award honors those districts that increase access to Advanced Placement coursework while maintaining the percentage of students earning scores of 3 or higher on AP exams. Achieving both goals indicates that a district is successfully identifying motivated, academically-prepared students who are likely to benefit most from AP coursework.

Since 2009, Westlake increased the number of students participating in AP from 206 to 266 while maintain-

ing the percentage of students earning AP Exam scores of 3 or higher at 74 percent. The majority of U.S. colleges and universities grant college credit or advanced placement for these scores.

"This achievement aligns with our mission of educating for excellence and our Continuous Improvement Plan goals of working with our students to achieve at the highest levels," said Westlake Superintendent Dr. Daniel J. Keenan Jr.

The 2nd Annual AP Honor Roll is made up of only those public school districts that are simultaneously expanding opportunity and improving performance. The list includes 367 school districts across 43 states and Canada.

"Participation in college-level AP courses can level the playing field for underserved students, give them the confidence needed to succeed in college, and raise standards and performance in key subjects like science and math," said College Board President

Gaston Capteron. "The AP Honor Roll districts are defying expectations by expanding access while enabling their students to maintain or improve their AP Exam scores."

Inclusion on the 2nd Annual AP District Honor Roll is based on the following criteria:

Examination of three years of AP data from 2009 to 2011;

Increase in participation in/access to AP by at least 4 percent in large districts, at least 6 percent in medium districts and at least 11 percent in small districts;

A steady or increasing percentage of exams taken by African American, Hispanic/Latino and American Indian/Alaska Native students;

Performance levels maintained or improved when comparing the percentage of students in 2011 scores a 3 or higher to those in 2009, or the school has already attained a performance level in which more than 70 percent of the AP students are scoring a 3 or higher. ●

BUSINESS & FINANCE

Job candidates may need 'tough love' to succeed

by Michael Perry

Over the last few weeks, I've met or spoken over the phone with a couple dozen or so people in transition to do some resume/job search coaching. Often, I find that a good deal of what is discussed and recommended during such conversations is difficult to hear for the person being coached. After one such session with a former human resources executive, whose resume needed quite a bit of work, the individual looked at me and remarked, "Wow, that was really tough love, wasn't it?"

Yes, and the frustrating part for today's hiring managers and recruiters is that this type of discussion needs to occur with way too many candidates.

During this same time period, I met with an executive coach, a global recruiter for a large, multi-national company and spoke at length with a career coach/recruiter at a large corporate outplacement firm. Below are some of the main points they shared with me when asked about strengths of the resumes they read and candidates with whom they speak:

MINDSET – Candidates with the "that job is mine"/"I can and will make a significant difference at your company when you hire me" approach, and come fully prepared to back up that confidence with examples of their exceptional successes and accomplishments.

PREPARATION – Proving that they really are interested in the position by demonstrating much research has been com-

pleted regarding the target company and respective industry and reflecting such in their cover letter, resume and interview discussions.

RESUME THAT "WOWS" – Having to dig through what is normally hundreds of resumes per position posting, hiring managers and recruiters consider only those documents that tell a great story about exceptional accomplishments at previous employers when selecting a pool of candidates for interviews.

POWERFUL INTERVIEWS – All of these folks told me that they will develop a strong "sense" about a candidate during the first few minutes of speaking with

them – whether that discussion is over the phone or in person. The candidates who are moved along in the process are those who do the best job of engaging the interviewer during the interview conversations and can create a sense of excitement about the possibility of having them become part of the team.

GLOBAL THINKERS – Candidates who demonstrate that they "get it"; that they have a great feel and understanding of the company's challenges and the direction of the respective industry. This is the difference between someone with a holistic view of the work environment/organization/industry vs. a person with "tunnel vision."

CULTURE FIT – Candidates who demonstrate that they can and have flourished in a work environment similar to that which exists at the prospective employer. Candidates that are perceived to have the ability to perpetuate and strengthen the company's brand/image.

So where do you stack up? Would you be considered a strong candidate or one that should not be moved along in the selection process?

First, you need to listen with an open mind to those providing you, the candidate, with feedback/advice/coaching...the "tough love" regarding your job search strategy and tactics. ●

History of words and phrases

by David Scullin

Getting down to brass tacks: In the old American country store, the owner would put brass tacks, to measure 36 inches, in the counter top as they measured bolts of piece goods.

~
Inch: We know it as a unit of measurement. King Edgar of England (944) said it was the length of the knuckle of his thumb.

~
Dress to the nines: If you had a suit made and you ordered an expensive one, tradition says the tailor should use nine yards of material.



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Tickets are available as pre-sale or at the door.
To learn more, contact the Howard Hanna Bay Village office at 440-835-2800.



Clerk of Council Denise Rosenbaum and City Council President Michael Killeen during the plaque unveiling on Nov. 3

CELEBRATING WESTLAKE'S BICENTENNIAL

Plaque ceremony honors Westlake elected officials

Throughout the last year, the city of Westlake has honored the pioneers and founders that have shaped the city in the 200 years since its beginning as the township of Dover. One group of individuals was particularly influential in the growth of our community – the elected officials of Dover and Westlake. Honoring these persons was the spark behind Clerk of Council Denise Rosenbaum's idea to create a plaque commemorating their involvement in the shaping and progress of the city.

Starting in February 2010, Rosenbaum began an investigation into the history of Dover/Westlake's government to assemble a fitting tribute to past city leaders. Her detailed research involved poring over archived records at the Western Reserve Historical Society, Westlake Porter Public Library and Westlake Historical Society, as well as newspaper files, plat maps and census records.

When completed, the final list was engraved onto a brass plaque and mounted on a granite slab by Dave Rencehausen and his staff at the service department's sign shop and installed on a wall in the rotunda of Westlake City Hall.

"The people of Westlake and Dover are what's made it great," said Council President Michael Killeen. "This plaque names those who were elected, but it honors everyone [in the city's history]."

Past and present city officials were invited to a ceremony unveiling the plaque on Nov. 3. ●



Ceremony attendees point to the name of a family member on the plaque of past government officials.

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A large crowd of past and present government officials, their families, and the community gather for the Nov. 3 plaque unveiling ceremony at Westlake City Hall. Photo by Denise Rosenbaum.

Annual Greening of Bay workshop coming Dec. 5, 6

by Karla Mussulin

The 29th annual Greening of Bay Holiday Arrangement Workshop will be held the evening of Monday, Dec. 5, and the morning and evening of Tuesday, Dec. 6, at Bay Presbyterian Church, 25415 Lake Rd. Class times and a registration form are available on our website at bayvillagegardenclub.com.

Make the perfect holiday decoration to adorn your home and please your family in less than an hour. You'll get a kit brimming with fresh

fragrant greens and pretty decorations. Garden club members will be there for one-on-one help.

Refreshments provided. Ages 14 and older.

Participants may choose from six different projects. The cost of each session is \$20, except for the outdoor arrangement, which is \$40. The price includes all supplies. Please bring your own scissors and clippers.

Registration deadline is Monday, Nov. 28. ●



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Bay Village Kiwanis announce annual Christmas tree sale



Bay Village Kiwanis members prepare for last year's Christmas tree sales.

by Karen Uthe

It's beginning to look a lot like Christmas! The Bay Village Kiwanis Club will soon be setting up their annual Christmas tree sale at the Cahoon Park Gazebo area, ready to start selling trees on Nov. 26, the Saturday after Thanksgiving.

Three Christmas tree varieties will be available, including Fraser Firs, Douglas Firs and Blue Spruces. Most trees will be 6-7 or 7-8 feet high and in the \$45-\$70 price range, with a limited number of 10-12 foot Fraser Firs available for \$120. Delivery is available for a \$5 donation.

Christmas tree sale dates are Nov. 26 through Dec. 19, and hours are:

- Monday through Thursday, 3-6 p.m.
- Friday, 3-8 p.m.
- Saturday & Sunday, 11 a.m.-8 p.m.

"Everyone buys a Christmas tree, so

why not buy your tree locally and help fund the many worthy projects and programs that the Bay Village Kiwanis Club supports," says John Solomon, president of the Kiwanis Club of Bay Village. "We even deliver!"

If you have questions regarding the Christmas tree sale, please contact Kiwanian Russ Bauknecht at 440-871-9162 or bayruss@aol.com.

Funds generated by the annual Christmas tree sale supports the Bay Kiwanis Club's annual commitment to providing scholarships to graduating seniors. In addition, the sales also support other projects like: Rachel's Challenge, Reese Park renovations, Play in Bay renovations, Village Food Project, BAYarts, educational grants through the Bay Village Education Foundation and many more. ●

BAY VILLAGE GREEN TEAM

Green Team creates video for Bay Village curbside recycling program



Members of the Bay Village Green Team's communications committee have created an interactive flash video to educate residents on the new recycling and compost program. The piece was produced as a public service announcement (PSA) to promote recycling in Bay Village

and funded by a grant from the Cuyahoga County Solid Waste District.

Watch the video at **bayvillagegreenteam.com**

(click on Curbside Recycling and wait for the video to load).

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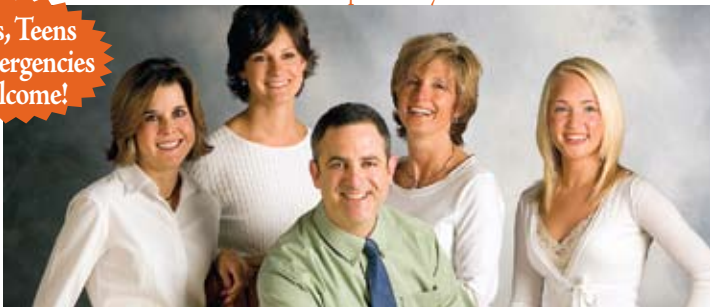
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CELEBRATING WESTLAKE'S BICENTENNIAL

Mayor's Culinary Bicentennial Ball, Nov. 12



Mayor Dennis Clough gets down with friend and longtime Westlake resident, Kathy Kovatch.



Mayor Clough and his wife, Virginia, listen as Joyce Schroth, top, shares the Clough genealogy going back eight generations as part of a surprise gift to the mayor.



Steve Novak, along with his event co-chair Jackie Todd, spent countless hours organizing this year's ball.



Mayor Clough calls his family to the stage to accept a plaque engraved with the Clough family tree. Genealogical research was conducted by the Westlake Family History Center and the plaque was made by Dave Rencehausen (far left) at the city's sign shop.

Vets recognized at Gardens at Westlake



The Gardens at Westlake assisted living center held a Veterans Day ceremony for its residents and the community. Veterans' names and ranks were announced as they passed under an archway of swords by the James Ford Rhodes High School NJROTC. Mayor Dennis Clough read a proclamation and the Westlake High School choir performed.



CELEBRATING WESTLAKE'S BICENTENNIAL

Early settlers explored at community center



A crowd gathers in front of the Westlake Bicentennial Timeline display at the Westlake Community Center on Nov. 14. The center held a Pioneer Luncheon featuring Bicentennial-themed presentations by Mel Maurer, Lysa Stanton, Nate Dreher and Will Krause.

CHURCH *continued from front page*



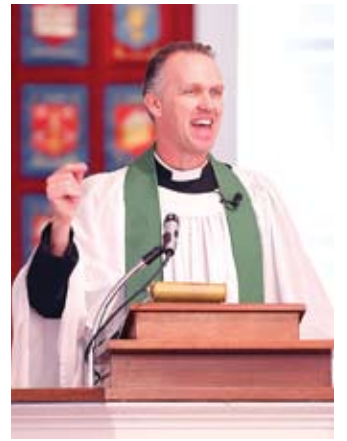
The congregation of St. Barnabas Anglican Church attends a service at its temporary house of worship, Bay High School. Regular Sunday morning services will be held at BHS beginning Nov. 20, with weekday and special services at Bay Presbyterian Church, until a new facility is built.

Photos by Matt Litzler

Christ Church will utilize office space at Bay Presbyterian Church. Effective Nov. 14, the phone number for Christ Church Westshore will be 440-899-7151, and the mailing address will be: Christ Church Westshore, c/o Bay Presbyterian Church, 25415 Lake Rd., Bay Village, Ohio 44140. The new website will be christchurchwestshore.com.

The Christ Church congregation will continue to be involved in its many outreach initiatives, including the Brookside Hunger Center, The Cleveland City Mission, services at the Knickerbocker, the Bay Directory, youth and adult mission trips, and Vacation Bible School. In addition, Christ Church will offer a wide variety of fellowship opportunities, including Junior High and Senior High Youth Groups.

St. Barnabas' existing leadership, including Reverend Gene Sherman, rector; Sean Templeton, assistant rector; and Robert Andrew, associate rector, will continue to lead the Christ Church Westshore congregation. ●



Rector Gene Sherman will continue to lead the renamed congregation.

Bay students and Men's Club rake for elderly residents



It was a crisp fall day as BMS students raked for elderly Bay homeowners.

Bay Middle School students continued their helping tradition of raking leaves for the elderly and disabled each fall. This year, on Veterans Day, students and chaperones raked up the leaves at more than 140 Bay Village homes. Many parents and teachers organized, drove students to the homes, supervised and pitched in on the raking.

More than 600 Bay Middle School students in grades 5-8 participated.

The Bay Middle School Seventh-Grade Town Council sponsors the event each year, with teachers/advisors Chris Brewer and Eric Caddey coordinating. Names of homeowners eligible for the service are collected by the City of Bay Village Department of

Community Services.

Members of the Bay Men's Club and their children also spent a recent morning raking and cleaning the yards of 16 needy Bay Village residents.

"We are happy to be able to help those needing assistance," BMC President Eric Eakin said. "It's a small way to give back to our community." ●



Bay Men's Club members and their kids gear up for a morning of raking.



Homeowner Betty Lanning shows her Bay Village spirit in honor of students raking her leaves.





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POETRY

November's Illusion

Dianne Borowski, Bay Village

When November's winds
Barrel through
Leafless trees
I sigh.

Tell me why I
Stay and face
The cold when
San Diego's sun beckons,

Tropical climates call
To me yet when
I see the first
Gentle snow

I know Cleveland
Will always be
Home
For me.

CUYAHOGA COUNTY PUBLIC LIBRARY BAY VILLAGE BRANCH

Don't hibernate yet – there are more fall stories and books at the library!

by Susan Ballard

The days may be getting shorter but there is still lots of fun packed inside the library – from new books on the shelves to more weeks of storytimes. Stop in the library and check out these new children's books. Some have a fall theme and some are fall publications, but all will entertain.

"A Dog's Way Home" by Bobbie Pyron

One late fall afternoon, a tragic highway accident leaves Abby and her beloved dog, Tam, stranded at opposite ends of the Blue Ridge Parkway. Though determined to be reunited with each other, the days separating them turn to weeks, then months, while dangers and changes fill up their lives. (Ages 8-14)

"Bink & Gollie" by Kate DiCamillo and Alison McGhee

Meet Bink and Gollie, two precocious little girls – one tiny and one tall. Setting out from their super-deluxe tree house and powered by plenty of peanut butter (for Bink) and pancakes (for Gollie), they share comical adventures involving painfully bright socks, an impromptu trek to the Andes, and a most unlikely marvelous companion. (Ages 6-9)

"Mr. Putter & Tabby Ring the Bell" by Cynthia Rylant and Arthur Howard

While enjoying autumn weather and activities, Mr. Putter, realizing how much he misses going to

school, takes his cat, Tabby; their adventurous neighbor, Mrs. Teaberry; and her cake-loving dog, Zeke, to "Show and Tell." (Ages 4-7)

"Happy Pig Day" by Mo Willems

When Piggie celebrates her favorite day of the year, Gerald the elephant is sad, thinking that he cannot join the fun. Mo Willems has crafted a heartfelt story about celebrating the special occasions in life. (Ages 3-6)

"A is for Autumn" by Robert Maass

Photojournalist Maass creates an alphabet book of crisp, colorful photos, transporting viewers outdoors to enjoy the varied sights of fall: frost on fallen leaves, soccer players running, children dressed for trick-or-treat, a scarecrow in a pumpkin patch. (Ages 2-6)

That's not the only entertainment at the library. There are three more weeks to explore the world of stories, rhymes and musical activities for babies through age 5. These fun-filled literacy programs are on Tuesday-Friday mornings at 10 a.m. and on Tuesday evenings at 6:45 p.m.

Plus the last program in the Reading with the Stars series of special story/craft programs with a guest reader is coming up. Rick Burns, owner of Burns Auto Service will be at the library on Monday, Nov. 28, at 7 p.m. to read a story, talk about his job and help with a craft. For more details, call 440-871-6392 or go to www.cuyahoglibrary.org. ●

Upcoming Bay Village Branch Library programs

by Joyce Sandy

We've been enjoying a beautiful Indian Summer lately, but we all know that the cold weather and the busy holidays are not too far away. All of that adds up to the perfect time to visit the library. Stop in to find a book or movie for yourself or your family, from holiday classics to that one you've heard so much about.

Check out the Toy Library selections to try out toys for children before – or instead of – purchasing them. Keep the Toy Library in mind, too, as the winter progresses and cabin fever sets in. Different and new toys can provide a needed diversion at any time! Not familiar with how it works and what toys are available? Ask any staff member and we'll show you that it's as easy as having a library card!

Join us for these programs, and keep in mind that

storytimes are ongoing until Dec. 3 so come and enjoy a special time with your little ones.

ADULT DEPARTMENT

Wednesday, Nov. 16 (7 p.m.) ELIOT NESS– Rebecca McFarland, internationally recognized expert, will share the Eliot Ness you won't see in the movies. In this case, the truth is more fascinating than fiction.

CHILDREN'S DEPARTMENT:

Monday, Nov. 8 (7 p.m.) READING WITH THE STARS – For families with children ages 2-7. Get up close and personal with Rick Burns of Burns Auto Service. Listen as he shares his job, a book and a craft.

Please register for the programs by calling 871-6392, or going online to cuyahog-alibrary.org. We're looking forward to seeing you!

WESTLAKE PORTER PUBLIC LIBRARY

November events at Westlake Porter Public Library

by Elaine Willis

Friday, Nov. 18 (10 a.m.-noon) PORTER'S FIBER FANATICS – Socialize, share, and solve problems while you work on your current project.

Friday, Nov. 18 (10:30-11 a.m.) LET'S SING AND DANCE! – Join us for a fun session of singing and dancing. For children ages 2-6 with a caregiver. No registration required.

Saturday, Nov. 19 (10 a.m.-2 p.m.) CRAFTS A GO-GO! – Join us for a fun and easy craft experience! All supplies provided; just drop in. A new, cool craft idea every time!

Saturday, Nov. 19 (10:45 a.m.) WEST SIDE WRITERS

Saturday, Nov. 19 (2-3 p.m.) BRICK BUILDERS CLUB – Love those LEGO

bricks? Then bring your ideas and imagination to the club! All bricks provided. Ages 6-13. Registration begins one week before each session.

Sunday, Nov. 20 (2 p.m.) SUNDAY SOUNDS – The Friends of the Library will present the poets of the 2100 Lake-side Men's Shelter.

Monday, Nov. 21 (6:45-8:45 p.m.) MONDAY NIGHT MOVIE – Note earlier starting time! This historical drama tells the story of Mary Surratt, the only woman tried as a co-conspirator in the assassination of Abraham Lincoln. MPAA rating: PG-13. Please register.

Tuesday, Nov. 22 (4-4:45 p.m.) LAST MINUTE CRAFTS – Leaving things 'til the last minute can be frantic – or fun! Join us for a fun, easy holiday-themed craft and film. For grades 1-2. Please register starting Nov. 15.

Wednesday, Nov. 23 – LIBRARY CLOSATES 5 P.M.

Thursday, Nov. 24 – THANKSGIVING - LIBRARY CLOSED

Friday, Nov. 25 (2-4 p.m.) MOVIES @YOUR LIBRARY – Set sail for stranger tides with Captain Jack Sparrow and crew! For ages 10 and up only, please. Please register starting Nov. 18.

Saturday, Nov. 26 (10 a.m.-2 p.m.) CRAFTS A GO-GO! – Join us for a fun and easy craft experience! All supplies provided; just drop in. A new, cool craft idea every time!

Monday, Nov. 28 (7 p.m.) WESTLAKE HISTORICAL SOCIETY

Tuesday, Nov. 29 (7-8:30 p.m.) KARAOKE MADNESS! – For all of you aspiring singers out there, come sing karaoke and show us what you've got!

Choose from a large selection of songs – country, rock, pop, hip-hop, and more! Grades 4 & up.

Wednesday, Nov. 30 (10:30-11 a.m.) LET'S SING AND DANCE! – Join us for a fun session of singing and dancing. For children ages 2-6 with a caregiver. No registration required.

Wednesday, Nov. 30 (2 p.m.) AFTERNOON BOOK DISCUSSION – The November selection is "Half-Broke Horses" by Jeanette Walls.

Wednesday, Nov. 30 (7-7:45 p.m.) GO, DOG, GO! – Celebrate the 50th anniversary of P.D. Eastman's classic dog story! We'll have a special video reading of the story, activities and a craft. For ages 4-7. Please register starting Nov. 23.

To register for any of the programs, please call 440-871-2600 or visit http://signup.westlakelibrary.org:8080.

Bay Village Education Foundation kicks off annual Ten Campaign

by Jacquie Mayer

The Bay Village Education Foundation (BVEF), an independent non-profit volunteer organization that funds educational projects not supported by tax dollars, is launching its annual Ten Campaign fundraiser this week. This effort is based on the simple idea that every able parent, staff member, or resident contributes \$10 or more (either per student in their household, or as a general gift) to the BVEF. Ninety percent of the this tax-deductible contribution will

go into a permanent reserve, generating funds for grants for years to come, while the remaining 10% will go directly to the school district.

Since 1985, the BVEF has been helping teachers test new ideas, pilot the latest technologies, and offer enrichment opportunities throughout the district that would not otherwise be funded. Each year, the BVEF awards grant monies to pioneering educators looking to expand and improve their classroom experience beyond the standard curriculum.

Last year, in celebration of its 25th

year, the BVEF assisted Bay Village Schools with over \$25,000 in grants. In fact, BVEF has funded hundreds of thousands of dollars worth of innovative projects and scholarships throughout the last 26 years, including: the mural and aquarium at the entrance to Normandy, the Rain Barrel Project at Westerly, peer mediation training at Bay Middle School, the literary magazine at Bay High School, and iPads for preschoolers at Glenview; along with iPads for special needs students throughout the district.

By participating in this year's Ten

Campaign, residents, staff and parents are allowing the BVEF to continue to support excellence and innovation in Bay Village Schools. Contributions of \$10 (or more) can be made in a number of ways: cash or checks made out to BVEF and sent to the main office of any school building or mailed to P.O. Box 40262; or online through PayPal at www.bayedfoundation.org. The deadline for contributions is Jan. 6, 2012.

The BVEF looks forward to the community's support in creating opportunities for Bay students and educators. ●

Join in at www.wbvobserver.com

TALES OF A FOURTH-GRADE SOMETHING

Thanksgiving Thanks

by **Audrey Ray**, fourth-grader at Westerly Elementary School

Can you believe it is almost Thanksgiving? My family has started to make our Thanksgiving plans and that is very exciting to me. It started to make me think of all the things that I am thankful for this year and I wanted to share them with you. After you read through my list, maybe you will want to make one, too.

- The things I am most thankful for...
1. My family – Dad, Mom, me, Lain, Evelyn, Adrian
 2. My grandparents – Grandpa, B, Nana, Papa, Mema, Poppy
 3. My aunts – Debbie, Kathy, Dorothy, Rosemary, Jane, Karen, Joanne, Jo, Kathy, Kay
 4. My uncles – Richie, Hiroaki, Chris, Tom, Tony, Gene, David, Rob
 5. My cousins – Alex, Brooke, Judy, Ken, Meggie, Jared, Owen, Michael
 6. My friends – old and new
 7. My neighbors on Bay View Road
 8. My teachers – Miss McMaugh, Mrs. Robinson, Mrs. Harmount, Mr. Topolski, Mrs. Sanson, Mrs. Engelbrecht, Mrs. Harris, Mrs.

9. My piano teacher – Mrs. Minium
10. My pets – Nikki, Hagrid, Pumpkin, Marshmallow, Froggy
11. Hip-hop class at Emjaez with Nate
12. Living in a great city and living near Lake Erie
13. Destination Imagination and my teammates
14. My books
15. Huntington Playhouse theater classes and Ms. Judy Mazur
16. Seasonal activities and foods
17. Holidays
18. Movie nights
19. School
20. Safety Patrol
21. Riding my bike to school
22. Taking hikes at the Nature Center
23. Being the oldest of 4 and still having my own room
24. Mr. Wendell and Ms. Tara Wendell
25. Mrs. Fisher and the columns she asked me to write
26. Our dog trainer, Ms. Barb Bodemer
27. C.S. Lewis, J.K. Rowling, Susan Cooper, Rick Riordan, Michael Ferrari and many more
28. The library
29. Bookstores
30. Snow days

Therapeutic massage improves physical, mental health

by **Denise Ayres**

As we get ready for the return of snow, we becoming increasingly aware that now is the time that seasonal and holiday-related stress begins. Any day now we will need to scrape ice from our windshields and shovel our driveways. The numerous holiday shopping commercials are the start of expanding holiday-time stress. Winter and preparing for celebrations put increasing demands on our minds and our bodies.

Though some of these stressors are unavoidable, no one needs to become overwhelmed. Meeting the challenges of winter and the holidays can have effects similar to running a marathon. One of the best ways to cope is to become proactive and have a plan. It is totally appropriate and most beneficial to think of ways in which you can plan to find stress relief for both body and mind.

You may be asking, “With all I need to do how can I plan for time to relax?” The fact of the matter is the more activities added into a busy schedule, the greater the need to relax your mind and body. One way to accomplish stress reduction for both mind and body is to receive a therapeutic massage. If your time is very limited, therapeutic chair massages offer shorter sessions.

Therapeutic chair massage is done in 15-20 minute sessions. In this brief amount of time, the mas-

sage relaxes your mind and your body. The positive benefits of chair massage include: reducing muscle tension and pain, increasing blood circulation and prevention of repetitive-stress injuries. Relaxed muscles and better blood circulation relieve emotional stress. Jody Bell, licensed in therapeutic massage, states: “Chair massage can offer results that boost a person’s energy, alertness and improve his or her productivity.”

As part of our Compeer Program’s goal to incorporate integrated holistic health services for mental health we now offer therapeutic chair massage to the consumers of Far West Center. Anxiety and muscle tension have reciprocal effects on each other: anxiety increases muscle tension and muscle tension can increase anxiety.

Shari, a woman managing mental illness and heart-related issues, has been trying therapeutic chair massage. After a recent heart attack, it is extremely important for Shari to relieve anxiety and stress. She needs to reduce muscle tension on her heart and also needs to reduce stress to in order to manage the symptoms of mental illness.

“I found it very relaxing, both body and mind,” Shari said. “It is a nice experience.”

If you are interested in finding out more information about therapeutic massage and chair massage, please call Jody Bell at Far West Center, 440-835-6212, ext. 263. ●

Encore showing of ‘Forks Over Knives’ at Unity on Nov. 18

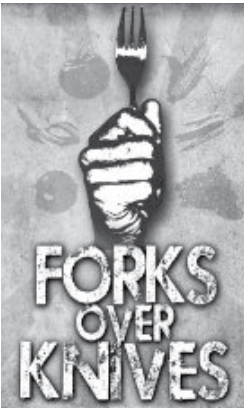
by **Kenneth Cooper**

Due to the large turnout and positive response to Unity’s presentation of “Forks Over Knives” in September, a second showing has been scheduled. This groundbreaking film will be screened again on Friday, Nov. 18, at Unity Spiritual Center in Westlake.

If you missed this film last time or simply wish to see it again, plan to be there! A special attraction this time will be a drawing for two \$20 gift certificates to Nature’s Bin, which will be providing snacks after the film. To be entered in the drawing you must be one of the first forty people to buy advance tickets. Tickets are \$5 and can be ordered online through unityhallpresents.com or by calling Unity at 440-835-0400. Tickets will also be sold at the door for the same price.

“Forks Over Knives” examines the profound claim that most, if not all, of the degenerative diseases that afflict us can be controlled, or even reversed, by rejecting our present menu of animal-based and processed foods.

The film focuses on the studies of two doctors, T. Colin Campbell, a nutritional biochemist from Cornell University, and Caldwell Esselstyn, a former top surgeon



at the world-renowned Cleveland Clinic.

Their separate research led them to the same startling conclusion: degenerative diseases like heart disease, Type 2 diabetes, and even several forms of cancer, could almost always be prevented – and in many cases reversed – by adopting a whole foods, plant-based diet.

Bay Village resident Jennifer Warden, founder of the health blog Vegi Couture has expressed her unwavering belief in these findings. “As a woman who has experienced serious illness (cancer, diabetes, high cholesterol) nothing has made more of a difference in my health than a plant-powered diet,” she said.

“It’s truly incredible how immediate and far reaching the results of this lifestyle are. My medication is all but gone, my energy is through the roof, and did I mention that I lost 50 pounds. Nothing short of incredible.”

Both Ms. Warden and Jim White, a Unity member who has tirelessly promoted this film, will speak briefly before the showing. Presentation will begin at 7 p.m. on Friday, Nov. 18, at Unity Spiritual Center, 23855 Detroit Rd., just west of Clague Road in Westlake. ●

Eating disorder support group begins twice-monthly meetings

by **Tammy Hamp**

Hungry for help? Struggling with an eating disorder? We are here to help. Beginning in November, an Eating Disorders Anonymous support group, following the Twelve Step model, will be held twice monthly from 7-8:30 p.m. at 25000 Center Ridge Rd., Suite 4, in Westlake. The next meeting is scheduled for Thursday, Nov. 17. There is no charge for this group.

How will I know if this group is right for me?

- I am struggling or have struggled with symptoms of an eating disorder
- I want to change my urges to binge, purge or restrict my food intake
- I desire support for my eating disorder with others who are going through the same difficulty
- I want to pursue change in my life and own my recovery, utilizing the Twelve Step approach

Please contact the West Shore Center for Eating Disorders at 440-892-7034, ext. 215, for any additional questions. ●

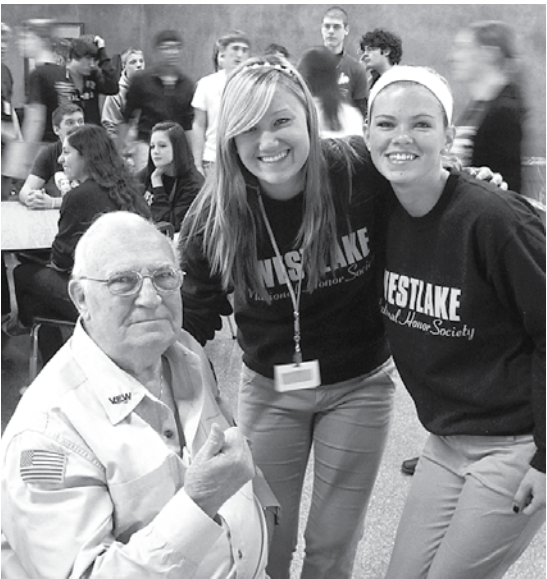
Honor Society hosts breakfast for vets

by **Kim Bonvissuto**

The Westlake High School National Honor Society hosted a Veteran’s Day breakfast on Nov. 11 for 12 local area veterans.

The veterans enjoyed a breakfast, provided by WHS Head Cook Mary Kay Auger. They also received gift bags holding Westlake magnets, candy, Westlake hats from the Demons Club and tickets to the upcoming WHS Center Stage Players’ performance of “The Importance of Being Earnest.”

Elena Prohaska’s Family and Consumer Science classes also baked cookies for the veterans. ●



Westlake National Honor Society students pose with a local veteran.

Canoes to ore carriers: Great Lakes shipping the subject of Nov. 17 talk

by George Ryan

At the Lake Erie Nature and Science Center on Nov. 17 at 7 p.m., George Ryan, retired president of the Lake Carriers' Association, and Rob Catalano, former deputy director of the Steamship William G. Mather Maritime Museum, will take you time-travelling through the history of our Great Lake.

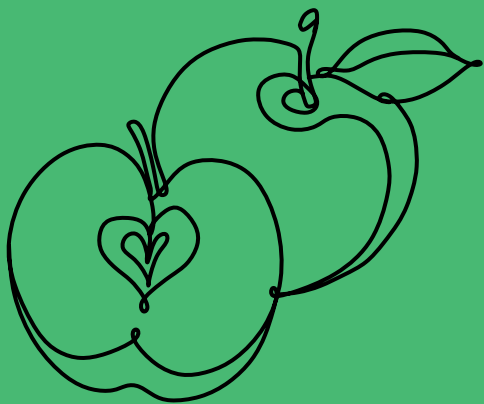
Entitled 500 Years in 50 Minutes: Brief History of Great Lakes Shipping, they will use images, stories and models courtesy of the Great Lakes Historical Society to regale you with fascinating facts about how shipping has evolved since Native American times. Sail through the War of 1812, drop anchor in the 20th century and discover what's in store for the future!

- For the small fee of \$7/adult in advance or \$10/adult at the door, you will learn the answers to the following questions and more!
- What animal was a reason for the beginning of Great Lakes commerce?
- What was the name of the European who first discovered/navigated Lake Erie and why was it the last lake to be navigated by Europeans?



This painting depicts War of 1812 naval hero Oliver Hazard Perry being rowed to the USS Lawrence.

- What country may have sent the first explorers into what we know as Great Lakes states?
- What was the destination of the first French explorers in the 1600s?
- Who first said "Don't Give up the Ship"? (No, it wasn't Perry.)
- What national flags flew over Pittsburgh and Mackinaw Island?
- When were the major storms that sunk the most ships in the Great Lakes?
- How could the Navy teach pilots in Lake Michigan to fly off aircraft carriers when carriers were too large to enter the Great Lakes? And what President trained off one of them?
- What passenger ship calamities in the Great Lakes area rivaled the Titanic in loss of life?
- Did Queen Elizabeth II travel on a ship in the Great Lakes area? ●



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Gardens at Westlake takes home two state awards

by Tara Wendell

The Gardens at Westlake senior assisted living center was the recipient of two awards from the Ohio Assisted Living Association. Christina Melaragno was named Outstanding Executive Director and Rosey Cichon won in the category of Outstanding Business Manager. The two women each received a plaque and recognition at OALA's statewide conference in Columbus on Nov. 7.

Melaragno, who has served as executive director since 2007, began her career working as a nurse aide and going to night school to become a licensed practical nurse. The time she spent working directly with patients served her well, as she makes it a priority to connect with the Gardens' residents and employees.

"Despite her executive status, she does not put herself above her employees," said Director of Community Relations Barb Bartlome, who nominated the women for their awards. "She will serve meals to our residents, mop a flooded bathroom and assist nurses and caregivers with hands-on care for the residents."

Rosey Cichon has also spent many years working with seniors, beginning her career at a young age in the laundry department of a long-term care facility in which her mother worked. The family connection continues today, as Cichon's two sisters, niece and nephew all work with her at the Gardens at Westlake.

In her job as business manager, Cichon manages the facility's caregivers and can go from dressy attire one day to scrubs the next, as she "takes care of the seniors."

"Rosey is hardworking, compassionate and very thoughtful in random acts of kindness which is a major part of her general demeanor," Bartlome stated. "It is evident that the residents all love her." ●



Executive Director Christina Melaragno and Business Manager Rosey Cichon received top honors from the Ohio Assisted Living Association.

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LAKE ERIE NATURE & SCIENCE CENTER

Nature Center staffer achieves prestigious first

by Frank Colosimo

Amy LeMonds of Lake Erie Nature & Science Center in Bay Village has become the first rehabber in the state of Ohio to be certified by the International Wildlife Rehabilitation Council (IWRC).

"The IWRC is an organization that the Center has belonged to for 17 years and I had attended their basic rehabilitation courses during my studies and early career here," explained LeMonds. "When I learned that the IWRC was making strides in providing an official certification to help develop the profession of wildlife rehabilitation, I immediately wanted to get involved. I felt that this new certification was important to support and obtain because I think it helps to create a level of respect for the profession. It requires continuing education coursework to maintain and hopefully will help to set high standards for rehabbers in the future."

LeMonds joined the nonprofit Center

in 2005 and after several years of working alongside Director of Wildlife Dave Wolf and cross-training in several areas of the Center's Wildlife Department, LeMonds was appointed Wildlife Rehabilitation Coordinator in 2008.

"This achievement not only shows Amy's dedication and the pride she takes in her profession," commented Wolf, "but also shows the high standard of excellence Lake Erie Nature & Science Center strives to provide to our constituents."

The Center has been offering Wildlife Rehabilitation & Education services at no-charge to the public since the 1940s. As well as belonging to organizations like the IWRC and various state and national rehabilitation associations, the Center also maintains operational permits from the United



Wildlife Rehabilitation Coordinator Amy LeMonds tubefeeds an injured Kingfisher.

States Fish & Wildlife Service and the Ohio Division of Wildlife. In 2011, the Center admitted over 1,000 wild animals in need of care and assessed an additional 200-plus which were immediately returned to the wild.

"Our team works hard every day," said LeMonds. "Offering assistance to injured wildlife, with the ultimate goal of releasing back into the wild. But we also hope to educate the public and to inspire them to such a degree that,

together, we can truly make a positive impact on wildlife."

LeMonds' high regard for this new certification is clear: "This is a major development in the field," she said. "Thanks to connections forged through IWRC, I've even been able to call upon the expertise of rehab professionals around the country. This certification not only makes me better at what I do, but takes the wildlife rehabilitation profession to a new level." ◆



Small Business Saturday on November 26

is a day dedicated to supporting small businesses on one of the busiest shopping weekends of the year. Shop Small at our local stores and help fuel the economy.

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440-871-0584

Start the holidays at Clague Playhouse with 'A Christmas Cactus'

by Pam Kilpatrick

Clague Playhouse continues their 84th season with "A Christmas Cactus" by Elliott Byerrum and directed by Douglas A. Farren.

Christmas Eve is no bed of roses for struggling private eye Cactus O'Riley (Nicole Daniel) who has a bad case of the holiday blues. The last surprise package she needs is a lovelorn deputy D.A. (Justin Sherman), a pair of armed-and-goofy fugitives (Assad Khaishgi and Craig Stadden) hunting some dead private eye named Jake Marley, and her secretary, Fred's (James Rankin) overbearing mother (Nancy Allen), who mistakes a tense hostage situation for just the perfect little holiday murder mystery

party. Comedy, mystery and romance converge in this uplifting contemporary Christmas tale where goodwill and justice triumph.

"A Christmas Cactus" runs Friday, Nov. 11, through Sunday, Dec. 11, on Thursday, Friday and Saturday at 8 p.m. and Sunday at 2 p.m. Saturday, Nov. 12, and Thursday, Dec. 1, are sold out. There is no performance on Thanksgiving.

Tickets are \$16 for adults and \$15 for seniors and students and may be purchased by calling the box office, 440-331-0403, Wednesday through Saturday from 1-6 p.m. Cash, check, Discover, MasterCard and Visa are accepted. Clague Playhouse at 1371 Clague Rd., south of Detroit Road. Free parking and handicapped accessible. ◆



The cast of "A Christmas Cactus" - (front) Nancy Allen as Adelaide Booker, James Rankin as Fred Booker, Nicole Daniel as Cactus O'Riley, Justin Sherman as Stuart Windsor, (rear) Craig Stadden as Neville F. Smedley and Assad Khaishgi as Ramon Ramirez. Photo by James Ely

Stanka Kordic portraits on display at BAYarts

by Nancy Heaton

The Rhythm of Stillness: The Art of Stanka Kordic is now on display at BAYarts Sullivan Family Gallery in the Fuller House. An award-winning painter, Stanka has been working with the figure in a landscape as a means to express the importance of reaching out to the world. With this body of work, Stanka has begun to stretch her self-imposed boundaries of realism a bit further. Learn more about Stanka and her unique work at www.alternativeportraiture.com.

The Sullivan Family Gallery is open 8 a.m.-3 p.m. Monday-Saturday or by appointment. ●



Stanka Kordic's paintings will be on display in the Fuller House Gallery at BAYarts through December 3.

Huntington Playhouse news & cues

by Tom Meyrose

"Miracle on 34th Street" closes the Huntington Playhouse 2011 season

The Huntington Playhouse season comes to an end with a production of "Miracle on 34th Street" opening Nov. 25 and playing through Dec. 18.

This is a new twist on the classic story as it presented as a radio show. The story is the same, though, with the fun and Christmas wonder still there for the entire family to enjoy. Reservations are strongly recommended by calling the box office at 440-871-8333. There will be Sunday matinees on Nov. 27, Dec. 11, and Dec. 18.

The theatre is also selling gift certificates for the 2012 season and raffle tickets for a one-week stay at a Naples, Fla., pool home located in a gated community. The drawing will be held after Dec. 15.

Huntington Playhouse is located at 28601 Lake Road in Bay Village and is a licensed affiliate of the Cleveland Metroparks. For more information, visit www.huntingtonplayhouse.com. ●



BAYarts' holiday shop returns with a fresh look

When you've come to your senses and leave the mall, wander over to the serene shopping experience at BAYarts. Each year, Shop Designers Karen Petkovic and Beth Veres create a new experience, an alternative and inviting holiday shop featuring original work from regional artists.

Beginning at the Holiday Open House Nov. 25 and 26 from 10 a.m.-4 p.m., BAYarts Dianne Boldman Gallery in the Huntington House becomes part of the expanded gift shop which each year is transformed to guarantee surprises. An expanded space allows for even more unique jewelry, knitware, paintings, photography, ceramics, scents and more.

BAYarts promises a shopping experience like no other: no lines, free parking and free gift wrap. Stop by Mojo's in the Fuller



House for a mocha and scone while surrounded by art!

Look for the holiday lights, stay awhile and enjoy the view. Extended holiday hours are Monday-Saturday, 9 a.m.-5 p.m.; Sunday, noon-5 p.m.; and special evening hours Thursdays until 8 p.m. ●

Bay Presbyterian Church

25415 Lake Road, Bay Village, OH 44140
440.871.3822

Sunday worship times

8:00 am - traditional
9:30 am - blended
11:15 am - contemporary

www.baypres.org

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BAYarts
HOLIDAY
SHOP

ANNUAL
HOLIDAY
OPEN HOUSE
11/25 & 11/26, 10-4
Avoid the malls! Free parking, no lines, refreshments

GET CASH TODAY!

Bonus!

Check out what we've bought from your neighbors!



GOLD JEWELRY
Unwanted Charm
Bracelet with Broken
Clasp

from Pat in
Olmstead Falls
**WE PAID
\$825**



DIAMONDS
Round Diamond,
2.1 Carats, D
Color, VVS2

from Nancy
in Westlake
**WE PAID
\$11,750**



**STERLING
SILVER**
Tea Service

from Jen
in Bay Village
**WE PAID
\$1,100**



**LUXURY
WATCHES**
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Newman Dial

from John
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Troll Coin

Show your bracelet is a genuine Trollbeads original with this just-released Troll Coin created by Danish designer Thor Høj.



**Thursday, November 17 through
Sunday, November 20
10 a.m. – 8 p.m.**



The 2011 Winter Collection

The 2011 Winter Collection beads make their Cleveland-area debut with shimmering golds, cozy reds, and blues as crisp as the clear winter sky.



FREE Trollbead

with the purchase of any three Trollbeads



FREE Bracelet

with the purchase of an upgraded clasp



FREE Wrapped Mystery Box

Spend \$100 and choose a FREE box with a mystery gift inside – it could be a gold bead worth nearly \$400!



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www.AvalonJewelersCleveland.com



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